



Knitting is an activity that stimulates both hemispheres of the brain simultaneously, thereby enhancing one's ability to concentrate and retain information and develop fine motor skills. It's also just a great way to get together with friends and have fun.

WEDNESDAY JAN. 30

3:15 to 4:15 p.m.

"It's fun to knit with your teacher." **Grace Lambert**





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WEDNESDAY | FEB. 13

3:15 to 4:15 p.m.

"It's fun to knit with friends." Madison and Laila



WEDNESDAY

FEB. 27

3:15 to 4:15 p.m. "Maggie's an inspiring teacher." Her students